

If you wish to incorporate the charted star in your footlet, the following instructions may be helpful.

MC = main color

CC = contrasting color

With MC, cast on 19 stitches and work 2 garter stitch ridges (4 rows). Then join in CC and work 14 rows of stockinette in the pattern

Knit row: K1 MC, (K1 CC, K3 MC) 4 times, K1 CC, K1 MC.

Purl row: (P1 MC, P1 CC) across, ending P1 MC.

Break off CC. The heel portion is worked in MC only, but it won't show, since it is on the bottom of the foot.

Turning heel: Row 1: K13, SSK, turn.

Row 2: Sl 1 p-wise, P 7, P2tog, turn.

Row 3: Sl 1 p-wise, K 7, SSK, turn.

Repeat rows 2 and 3 until 9 sts remain, ending with a wrong side row.

With right side facing, knit across the 9 stitches, then pick up and knit 16 stitches along side of heel flap, twisting the stitches where necessary to tighten up holes. Purl back, and then pick up and purl 16 stitches from the other side of the heel flap (41 stitches). Attach CC and begin color pattern again:

Row 1: K2 MC, (K1 CC, K1 MC) across, ending with K1 CC, K2 MC.

Row 2: P4 MC, (P1 CC, P3 MC) across, ending with P1 CC, P4 MC.

Repeat these 2 rows until 5 inches from back of heel, ending with a Row 1. Using backward loops cast on 3 stitches at the end of this row.

You will now begin to knit in the round, distributing the stitches thusly:

On double points: the first 9 stitches on needle #1, the next 23 stitches on needle #2, and the remaining 9 + 3 loops on needle #3.

On 2 circulars: the first 9 stitches, the last 9 stitches and the 3 cast on stitches on One needle for the top of the foot, and the remaining 23 stitches on the other Needle for the bottom of the foot.

There are 21 stitches for the top of the foot and 23 for the bottom of the foot.