

## Socks on Two Circulars

### Sock Along Section II

### Joyce Williams

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If you do not have a color printer, may I suggest if you print off a copy of the Sock Along you highlight or mark the sections of the text that are green. This should help you determine what is the pattern and what are techniques or other comments.

**Turning the Heel:** (Worked on Needle #1 only, one sock at a time.) To determine the number of stitches for the short rows, divide the number of sock sole stitches (those on needle #1) by three; i.e., the short rows will be worked on one-third the stitches on each side of the center third. (If you are working on 30 stitches for the sole, you will be working with 10 stitches in each section. However, if working with a number not divisible evenly by 3, have the larger numbers at each side and the lesser number in the center; i.e., with 32 stitches for the sole, have 11 stitches at each side and 10 stitches in the center of the sole.)

1. Knit across one-third the stitches (possibly plus one – see above) wrapping yarn from back to front over right needle so left side of loop is over front of needle. (Photo 1: Wrapping yarn from back to front over right needle.)



(1)

(By doing this now, you may later knit the stitch together with the yarn over on its left without having to replace the stitch on the needle to avoid a twisted stitch.)

2. Knit across next one-third stitches in normal manner (two-thirds of heel stitches worked). Reverse.

Numbers 3 and 4 below are for knitting back and forth onto your left and right needles separately (knitting back backwards). I feel this is a very useful method of knitting to learn as it works very well when working bobbles, entrelac, turning heels, etc., and you may even go as far as I have and never turn your knitting or look at the inside of it again when knitting flat. (When working garter stitch I purl onto my left needle.) Since the

majority of people never see your sock heel, it is a good place to practice. If you prefer you certainly may work the short rows in your favorite method.

**Knitting onto left needle:**

A. Insert tip of left needle into center of stitch on right needle going behind right needle. (Photo A: Yarn over left needle, insert left needle into back of stitch on right needle.)



(A)

B. Wrap working yarn from back to front to back around left needle. (Photo B)



(B)

C. Lift tip of right needle up and over wrap on left needle, (Photo C)



(C)

and release stitch from right needle. (Photo D)



(D)

Repeat steps A through C.

3. Make a tight yarn over left needle. Knit onto left needle (see photos A, B, C, & D above) one-third center back stitches, reverse.

4. \*Make a tight yarn over right needle. Knit onto right needle (Photo 2) across to yarn over. (Photo 3)



(2)



Knit up to yarn over. (3)

Knit two together (the knit stitch on the left of the yarn over together with the yarn over so the yarn over is eliminated behind the knit stitch). (Photo 4)



(4)

Reverse.

5. Make a tight yarn over on left needle. Knit onto left needle to the yarn over. (Photo 5)



(5)

Insert tip of left needle from the front into the stitch on the right of the yarn over, then into the yarn over, and behind the right needle (Photo 6). Wrap the left needle as usual. Lift the right needle with yarn over and knit stitch over the tip of the left needle and remove right needle.



(6)

The yarn over will be eliminated behind the knit stitch.\*

Repeat steps 4 and 5 until the last stitch on Needle #1 is knit together with its adjacent yarn over. Bring yarn to front.

Repeat the short row heel turn on sock 2.

Knit across both socks on needle #2. When you start next round, at the start of each sock on needle #1 only, knit two together through the back loops (the first stitch and the yarn over on its left), then continue to knit around.

For the Guernsey socks (off white), knit around for one inch and on the Satakieli sock knit around for two inches. Of course, no matter what yarn you are using you may knit a top of your choice.