

Knitting Around
Elizabeth Zimmermann
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17. K1, Sl 1, K2, pss0. Do not turn. 18. With left needle, pick up 8 stitches along selvedge PLUS 3 stitches from right needle (11 on left needle). Now, with right needle, K2, Sl 1, K1, pss0. Replace the 3 stitches onto left needle and repeat 7 times more.

After last (8th) picked-up-stitch has been worked, replace the three stitches onto left needle, and repeat from Row 1.

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If you add, "K17" onto the end of that row, it will help as you establish the motif during the first few repeats.