

Baby Yoke Sweater, *Spiral or Standard*

by Meg Swansen exclusively for Meg Swansen's Knitting Camp



Size: about 20" around.

The sizing is based on EPS (*Elizabeth's Percentage System*), which Meg will discuss in detail, and is explained fully in *Elizabeth Zimmermann's Knitting Workshop*. All dimensions are a percentage of the Key number [K], which is the body circumference multiplied by gauge.

Materials: 6-7oz medium weight wool for mc, 2oz cc.
A 16" circular and a set of d.p. needles (or a pair of 24" circs).
Gauge: 4.5 sts and 6.5 rows to 1".

Cast on 80 sts (about 90% of [K]) and work (corrugated) rib for 1.5".

Increase to [K] as follows: (k8, m1) around; 90 sts.

Knit about 10" to underarm. Work EZ's **phoney seams** at sides (optional).

Put 7 sts (about 8% of [K]) on threads at underarms, centered above 'seam' sts.

Sleeves: Cast on 20 sts (20-25% of [K]) and work (corrugated) rib for 1.5 to 2". Switch to plain Stocking stitch and increase in first rnd: (k2, m1) around; 30 sts. Knit straight for a few inches. Mark 3 center underarm sts. *Increase 1 stitch each side of the three; knit 5 plain rnds. Repeat from * a total of 3x (36 sts; 40-45% of [K]). Knit to wanted length (about 8-9"). Work EZ's phoney seam at marked stitch. Put 7 sts on thread, centered above 'seam' sts. Knit second sleeve.

Unite body and sleeves: Match underarms and knit sleeves onto body needle. Your stitch count for the yoke is now: $90 + 36 + 36 - (7 \times 4) = 134$ sts. Knit 3 rnds plain and decrease 1 stitch somewhere (133 sts).

Short Rows (SR): Begin 7 sts beyond L front sleeve/body joint. Work SR of your choice. Purl back (or knit back-backward) to same spot on R front. Work SR. Knit to 5 sts shy of first SR and SR again. Repeat on other side. Turn and knit all around, uniting wraps with slipped sts (or whatever method of SR you have chosen). Knit another rnd.

Spiral Yoke: Yoke will be about 5" deep (about 30 rounds

from sleeve/body joint to cast off). Begin behind L shoulder, and work 6-stitch repeat chart. This will produce 22 spirals, plus a leftover stitch. Do not get rid of extra stitch...permit it to float to the R along with the diagonal pattern.

On 6th pattern round, work first decrease, leaving 111 sts. Knit 4 more rounds.

Dec on the next rnd; 89 sts. Knit 4 more rnds.

Dec on the next rnd; 67 sts. Knit 4 more rnds.

Partial Decrease on the next rnd: Decrease in every other spiral (to allow for the inelasticity of corrugated rib at the neck), as follows: (k1cc, k2tog mc, k1cc, k2mc), repeat.

Work corrugated rib for 4 rnds. Cast off loosely using EZ's Sewn Cast Off. Weave underarms, darn in ends, and block.

Standard 3- Decrease Yoke:

Repeat as above through the Short Rows (*use regular ribbing rather than corrugated*). You

have 134 sts. The depth of the yoke will be about half the body width (5" deep). The first decrease is worked after half the yoke depth has been knitted. So, knit about 2.5" (15-16 rnds), and, begin each round behind the L shoulder, incorporate the color pattern of your choice.

1. At 2.5", work (k2, k2tog) around; 25% dec of sts on the needle, leaving about 100 sts.

2. Knit another 1.25" (7-8 rnds), and work 2nd decrease of (k1, k2tog) around; 33% dec, leaving about 66 sts.

3. Knit another 1.25" and work final decrease of (k1, k2tog) around; 33%, leaving 44 neck sts (about 50% of [K]).

Work a final border or ribbing or Garter stitch, and cast off loosely. With such a small sweater, even 50% [K] may be skimpy for the neck opening, so play with the final decrease on both versions to give a wider neck.

